

Milkweed of Alabama

24 species recorded. USDA zones 7a-9a. Monarch flyway: eastern. Sow seed outdoors November to January.



Swamp Milkweed. Superior National Forest. CC BY 2.0. Wikimed

Native species

- ☐ **Swamp Milkweed**
Asclepias incarnata - 3ft-5ft - pink, rose, white - June to September - Wet/Average soil
- ☐ **Butterfly Weed**
Asclepias tuberosa - 1ft-3ft - orange, yellow, red - May to September - Dry/Average soil
- ☐ **Purple Milkweed**
Asclepias purpurascens - 2ft-4ft - purple, magenta - May to July - Average/Dry soil
- ☐ **Poke Milkweed**
Asclepias exaltata - 3ft-6ft - white, green - June to July - Average soil
- ☐ **Green Antelopehorn**
Asclepias viridis - 1ft-2.5ft - green, purple - April to July - Dry/Average soil
- ☐ **Aquatic Milkweed**
Asclepias perennis - 1ft-3ft - white, pink - May to September - Wet soil
- ☐ **Pinewoods Milkweed**
Asclepias humistrata - 8in-2ft - pink, white - March to June - Dry soil
- ☐ **Common Milkweed**
Asclepias syriaca - 3ft-6ft - pink, mauve, white - June to August - Dry/Average soil
- ☐ **Whorled Milkweed**
Asclepias verticillata - 1ft-2.5ft - white, green - June to September - Dry/Average soil
- ☐ **Clasping Milkweed**
Asclepias amplexicaulis - 1.5ft-3ft - pink, green, mauve - May to July - Dry soil
- ☐ **Fourleaf Milkweed**
Asclepias quadrifolia - 1ft-2ft - pink, white - May to June - Dry/Average soil
- ☐ **White Milkweed**
Asclepias variegata - 1.5ft-3.5ft - white - May to July - Dry/Average soil
- ☐ **Fewflower Milkweed**
Asclepias lanceolata - 2ft-5ft - orange, red - May to August - Wet soil
- ☐ **Green Comet Milkweed**
Asclepias viridiflora - 1ft-3ft - green - May to August - Dry soil
- ☐ **Red Milkweed**
Asclepias rubra - 2ft-4ft - red, pink - June to July - Wet soil
- ☐ **Velvetleaf Milkweed**
Asclepias tomentosa - 1ft-2.5ft - green, cream - April to July - Dry soil
- ☐ **Pineland Milkweed**
Asclepias obovata - 1ft-2.5ft - green, yellow - June to August - Dry soil
- ☐ **Carolina Milkweed**
Asclepias cinerea - 1ft-2.5ft - mauve, gray - May to August - Dry soil

☐ **Tall Green Milkweed**

Asclepias hirtella - 2ft-4ft - green, white - June to August - Dry/Average soil

☐ **Michaux's Milkweed**

Asclepias michauxii - 8in-1.7ft - pink, green - April to July - Dry/Average soil

☐ **Largeflower Milkweed**

Asclepias connivens - 1ft-2.5ft - green, white - May to August - Wet/Average soil

☐ **Longleaf Milkweed**

Asclepias longifolia - 1ft-2.5ft - green, purple, white - April to July - Wet/Average soil

Introduced species

Not native to the United States. Recorded here but better replaced with a native.

☐ **Balloon Plant**

Gomphocarpus physocarpus - 3ft-6ft

☐ **Tropical Milkweed**

Asclepias curassavica - 2ft-4ft

Notes

Full species accounts, range maps and photographs: <https://milkweedusa.com/states/alabama/>