

# Milkweed of Connecticut

11 species recorded. USDA zones 5b-7a. Monarch flyway: eastern. Sow seed outdoors late October to early December.



Swamp Milkweed. Superior National Forest. CC BY 2.0. Wikimed

## Native species

- ☐ **Swamp Milkweed**  
*Asclepias incarnata* - 3ft-5ft - pink, rose, white - June to September - Wet/Average soil
- ☐ **Butterfly Weed**  
*Asclepias tuberosa* - 1ft-3ft - orange, yellow, red - May to September - Dry/Average soil
- ☐ **Purple Milkweed**  
*Asclepias purpurascens* - 2ft-4ft - purple, magenta - May to July - Average/Dry soil
- ☐ **Poke Milkweed**  
*Asclepias exaltata* - 3ft-6ft - white, green - June to July - Average soil
- ☐ **Common Milkweed**  
*Asclepias syriaca* - 3ft-6ft - pink, mauve, white - June to August - Dry/Average soil
- ☐ **Whorled Milkweed**  
*Asclepias verticillata* - 1ft-2.5ft - white, green - June to September - Dry/Average soil
- ☐ **Clasping Milkweed**  
*Asclepias amplexicaulis* - 1.5ft-3ft - pink, green, mauve - May to July - Dry soil
- ☐ **Fourleaf Milkweed**  
*Asclepias quadrifolia* - 1ft-2ft - pink, white - May to June - Dry/Average soil
- ☐ **White Milkweed**  
*Asclepias variegata* - 1.5ft-3.5ft - white - May to July - Dry/Average soil
- ☐ **Green Comet Milkweed**  
*Asclepias viridiflora* - 1ft-3ft - green - May to August - Dry soil
- ☐ **Red Milkweed**  
*Asclepias rubra* - 2ft-4ft - red, pink - June to July - Wet soil

## Notes

Full species accounts, range maps and photographs: <https://milkweedusa.com/states/connecticut/>