

Milkweed of Oklahoma

23 species recorded. USDA zones 6a-8a. Monarch flyway: eastern. Sow seed outdoors October to November.



Swamp Milkweed. Superior National Forest. CC BY 2.0. Wikimed

Native species

- ☐ **Swamp Milkweed**
Asclepias incarnata - 3ft-5ft - pink, rose, white - June to September - Wet/Average soil
- ☐ **Butterfly Weed**
Asclepias tuberosa - 1ft-3ft - orange, yellow, red - May to September - Dry/Average soil
- ☐ **Showy Milkweed**
Asclepias speciosa - 2ft-5ft - pink, rose - May to August - Average/Dry soil
- ☐ **Prairie Milkweed**
Asclepias sullivantii - 2ft-4ft - pink, rose - June to July - Average/Wet soil
- ☐ **Purple Milkweed**
Asclepias purpurascens - 2ft-4ft - purple, magenta - May to July - Average/Dry soil
- ☐ **Antelope Horns**
Asclepias asperula - 1ft-2ft - green, cream, maroon - March to July - Dry soil
- ☐ **Green Antelopehorn**
Asclepias viridis - 1ft-2.5ft - green, purple - April to July - Dry/Average soil
- ☐ **Aquatic Milkweed**
Asclepias perennis - 1ft-3ft - white, pink - May to September - Wet soil
- ☐ **Zizotes Milkweed**
Asclepias oenotheroides - 8in-2ft - green, cream - March to October - Dry/Average soil
- ☐ **Common Milkweed**
Asclepias syriaca - 3ft-6ft - pink, mauve, white - June to August - Dry/Average soil
- ☐ **Whorled Milkweed**
Asclepias verticillata - 1ft-2.5ft - white, green - June to September - Dry/Average soil
- ☐ **Clasping Milkweed**
Asclepias amplexicaulis - 1.5ft-3ft - pink, green, mauve - May to July - Dry soil
- ☐ **White Milkweed**
Asclepias variegata - 1.5ft-3.5ft - white - May to July - Dry/Average soil
- ☐ **Green Comet Milkweed**
Asclepias viridiflora - 1ft-3ft - green - May to August - Dry soil
- ☐ **Broadleaf Milkweed**
Asclepias latifolia - 1ft-3ft - green, cream - May to August - Dry soil
- ☐ **Sand Milkweed**
Asclepias arenaria - 1ft-2.5ft - cream, green - June to August - Dry soil
- ☐ **Red Milkweed**
Asclepias rubra - 2ft-4ft - red, pink - June to July - Wet soil
- ☐ **Plains Milkweed**
Asclepias pumila - 4in-1ft - white, cream - June to September - Dry soil

☐ **Engelmann's Milkweed**

Asclepias engelmanniana - 2ft-5ft - green, yellow - June to August - Dry soil

☐ **Slimleaf Milkweed**

Asclepias stenophylla - 1.5ft-3.3ft - cream, green - June to August - Dry soil

☐ **Tall Green Milkweed**

Asclepias hirtella - 2ft-4ft - green, white - June to August - Dry/Average soil

☐ **Poison Milkweed**

Asclepias subverticillata - 1ft-3ft - white, green - June to September - Dry soil

☐ **Dwarf Milkweed**

Asclepias involucrata - 4in-10in - green, cream - April to June - Dry soil

Notes

Full species accounts, range maps and photographs: <https://milkweedusa.com/states/oklahoma/>